

## Ambitious, Capable Learners

- ❖ Go to the shop with a budget and purchase items to make a meal.
- ❖ Make a change in the community
- ❖ Learn to play a new instrument
- ❖ Attend a debate or public speaking forum
- ❖ Learn to swim
- ❖ Attend a religious festival from a different faith
- ❖ Take part in a competition.
- ❖ Ride public transport
- ❖ Learn to ride a bike
- ❖ Residential trip - Adventurous Activities
- ❖ Fill out an application correctly
- ❖ Conquer a fear e.g., Meet an exotic animal
- ❖ Complete a jigsaw
- ❖ Go in a maze
- ❖ Have a picnic
- ❖ Fly a kite
- ❖ Go Fishing
- ❖ Go on a treasure hunt.
- ❖ Tie 3 different knots
- ❖ Make a hot drink
- ❖ Go fruit picking

## Ethical, Informed Citizens

- ❖ Visit a farm
- ❖ Visit another country
- ❖ Raise money for charity
- ❖ Try cuisine from around the world
- ❖ Go foraging
- ❖ Visit a residential home
- ❖ Volunteer in the local community
- ❖ Go litter picking
- ❖ Visiting historically and culturally important places (e.g., London)
- ❖ Visit a castle
- ❖ Go orienteering
- ❖ Feed farm animals
- ❖ Learn a new language not taught in school
- ❖ Plan a holiday
- ❖ Visit a library
- ❖ Understanding the age of certain restrictions
- ❖ Hold the door open for an adult
- ❖ Have a conversation over the phone
- ❖ Go to a zoo and feed an animal.
- ❖ Know when to dial 999 or 101
- ❖ Visit one other place of worship
- ❖ Use a knife and fork correctly when eating
- ❖ Visit the Senedd
- ❖ Go plastic free for a week
- ❖ Become a vegetarian for a week
- ❖ Go energy free for the day

## Enterprising, Creative Contributors

- ❖ Learn to sew
- ❖ Learn to play an instrument
- ❖ Watch a professional performance.
- ❖ Go camping and build a campfire
- ❖ Pitch a tent.
- ❖ Make compost
- ❖ Tend to allotment
- ❖ Build a den
- ❖ Prepare a meal
- ❖ Play a board game
- ❖ Visit a local gallery
- ❖ Look after a pet
- ❖ Go bowling and keep scores
- ❖ Go on a woodland walk and collect conkers
- ❖ Skim stones in a river
- ❖ Star gazing at night
- ❖ Take part in a performance e.g., pantomime, musical theatre
- ❖ Make a daisy chain
- ❖ Grow a £1
- ❖ Broadcast a radio show
- ❖ Eat a meal using chopsticks
- ❖ Hammer a nail or screw a screw
- ❖ Bury a time capsule

## Healthy, Confident Individuals

- ❖ Make a French plait
- ❖ Learn to tie shoelaces
- ❖ Learn sign language
- ❖ Go Crabbing at the beach
- ❖ Learn to ride the waves
- ❖ Learn basic First Aid Training
- ❖ Learn CPR
- ❖ Learn to swim
- ❖ Learn to ride a bike
- ❖ Go on a train ride
- ❖ Go trampolining
- ❖ Walk up a mountain
- ❖ Visit a restaurant
- ❖ Making the bed (from scratch!)
- ❖ Do your own laundry
- ❖ Visit a circus
- ❖ Have a water fight
- ❖ Watch live sporting fixtures
- ❖ Write to a pen pal in another country
- ❖ Roll down a grassy hill
- ❖ Play a game of rounders on the beach
- ❖ Repair a puncture on a bicycle
- ❖ Avoid screentime for a week
- ❖ Read under a tree
- ❖ Learn self-defense e.g., karate
- ❖ Wash the dishes
- ❖ Get ready for school by myself
- ❖ Learn circus skills
- ❖ Learn a joke and tell it
- ❖ Learn magic tricks